



Personal, Social, Health and Economic Education (PSHE) Policy

Overview

This policy for history teaching and learning is underpinned by the school's generic curriculum policy for foundation subjects that sets out guidelines, practise etc. that should be adhered to in all foundation subjects. The areas covered in the generic curriculum policy are as follows:

- Curriculum coverage
- Teaching and learning guidelines
- Roles and responsibilities
- Inclusion
- Assessment, recording monitoring and reporting
- Key competencies

1) Introduction

This policy covers our approach to Personal, Social, Health and Economic education (PSHE) and Citizenship education. It aims to set out the purpose of PSHE and Citizenship education and the intended outcomes for pupils.

This policy takes into consideration the following legal requirements, national strategies and government guidance:

- Education Act
- Department for Education Guidance for Personal, Social, Health and Economic (PSHE) Education 2020
- Department for Education Guidance for the teaching of the statutory Relationships Education, Relationships and Sex Education (RSE) and Health Education 2020
- Equality and Diversity
- Relationships and Sex Education
- Safeguarding and Child Protection
- Confidentiality

We believe PSHE and Citizenship education is integral to many aspects of school life and this policy should be cross-referenced to the following related policies:

- Equality and Diversity
- Relationships and Sex Education
- Safeguarding and Child Protection
- Confidentiality
- Behaviour and Attendance
- Anti-Bullying

2) Aims and Opportunities

2.1 Aims

PSHE and Citizenship education in our school aims to explore the knowledge and understanding children need to stay safe, be happy and healthy and fulfil their potential, while also preparing them for life, both in the present and future. It also aims to equip children with the skills they need to live successfully as citizens of the communities to which they belong and enables them to celebrate diversity and treat all

people with kindness and respect. PSHE and Citizenship education in our school also aims to encourage children to develop positive mental health and emotional wellbeing, by empowering them with the knowledge of why this is important and how it can be achieved. We want to educate the whole child through our PSHE and Citizenship education and believe this positively impacts the individual, the school community, the wider community and the global community - both present and future.

3) Organisation and Planning

3.1 Content and Coverage

We use the [Twinkl Life PSHE and Citizenship education scheme of work](#) throughout school years 1 to 6. This scheme of work and all of its resources have been produced to be fully in line with the Learning Outcomes and Core Themes outlined in the [2020 PSHE Association Programme of Study](#) which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. The EYFS work to the standards in the PSED area of their curriculum, details of which can be found in the curriculum policy.

All aims are taught through the three core areas of PSHE and Citizenship education, which are: Health and Wellbeing, Relationships and Living in the Wider World. All lessons will cover content in an age-appropriate manner.

The three core areas:

Health and Wellbeing lessons will explore physical wellbeing, healthy lifestyles, mental health, growing and changing, keeping safe and drugs, alcohol and tobacco.

Relationships lessons will explore families and close positive relationships, friendships, managing hurtful behaviour and bullying, safe relationships and respecting self and others.

Living in the Wider World lessons will explore our shared responsibilities, communities, media literacy and digital resilience and economic wellbeing (money and aspirations, work and career) and British Values.

The following objectives will be covered in Ks1 and Ks2:



KS1 PSHE & Citizenship Objectiv



KS2 PSHE & Citizenship Objectiv

These objectives are weaved into the scheme and we organise our coverage over a two-year cycle due to our mixed age classes in the school. Our organisation of the two-year cycle can be found below:



BA%202%20Year%20PSHE.%20RSE%208

3.2 Teaching of PSHE & Citizenship

Classes will teach PSHE weekly. In some cases, teachers will choose to block the learning to the start of a term to ensure an effective focus upon the three core areas are addressed effectively.

